

MANEUVERS LEVEL CONTENTS

PAGE	WORKBOOK	VIDEO	DVD #	LENGTH
5	Phase One			
	<i>Objectives</i>	5 Easy Pieces	I	5:02
	<i>Form, Function and Control</i>	Mechanics of Stops	I	3:24
	<i>Warming Up With the Five Easy Pieces</i>	Perfect Form-Perfect Stops	I	10:45
	<i>When you're in the Saddle, You're Training</i>	Fence Rollbacks	I	11:44
	<i>Turnarounds</i>	Snaffle Bits	I	6:41
	<i>The Power in the Turnaround</i>			
	<i>Always Be Aware of Your Form</i>			
	<i>Moving Your Horse Up</i>			
	<i>Rollbacks on the Fence</i>			
	<i>Power of Fundamentals</i>			
	<i>Keeping Your Horse's Attention</i>			
	<i>Video Outlines</i>			
15	Phase Two			
	<i>Objectives</i>	Speed Transitions	I	6:58
	<i>Keep the Turnaround Forward---</i>	Control for Changes	I	6:55
	<i>Be Careful About Using Your Outside Leg In Your Turn</i>	More Circle Drills	I	6:55
	<i>Adding Revolutions</i>	Make Go – Let Stop	I	4:16
	<i>More Exercises on the Fence</i>	Spurs	I	6:56
	<i>Using the Fence for Your Turnarounds</i>			
	<i>Advanced Circle Rollbacks on Fence</i>			
	<i>Make Sure Clucking Means Something</i>			
	<i>Speed Transitions</i>			
	<i>Keep It Slow</i>			
	<i>Make Go - Let Stop</i>			
	<i>Low Head Trap</i>			
	<i>Lead Changes – The Way I Learned</i>			
	<i>Pre-Change Preparation</i>			
	<i>Shoulders Away Lead Change Prep</i>			
	<i>Start Making Your Horse Responsible for Collection</i>			
	<i>Spurs</i>			
	<i>Video Outlines</i>			
31	Phase Three			
	<i>Objectives</i>	Pre-Flight Check	I	10:01
	<i>The Signal Stop</i>	Speed Transition Story	I	6:40
	<i>Form Not Tracks in the Stops</i>	Signal Stops	I	7:38
	<i>Only So Many Spins and Stops</i>	Hip to Eye	I	2:49
	<i>Dirt</i>			
	<i>Pre-flight Check</i>			
	<i>Learn to listen to your horses in regard to their health</i>			
	<i>Horses Should Enjoy the Ride Too</i>			
	<i>Choosing Your Speed</i>			
	<i>Hip-to-Eye Exercise</i>			
	<i>Shoulders-In and Out</i>			
	<i>Positioning for Departures</i>			
	<i>Have a Plan for Your Ride</i>			
	<i>Video Outlines</i>			
43	Phase Four			
	<i>Objectives</i>	Counter Canter	II	6:45
	<i>Things to Think About When You're Warming Up</i>	Turnarounds	II	7:38
	<i>Driving Them Out of the Turn</i>	Distractions	II	3:23
	<i>Reaching Perfection through Overcorrection</i>	Warming Up	II	8:29
	<i>Sliding Plates</i>	Shoeing	II	3:13
	<i>Insisting on Float to the Reins</i>			
	<i>Having a Ground Man</i>			
	<i>Don't School in the Maneuvers</i>			
	<i>Counter Canter</i>			
	<i>Tenth of a Percent a Day</i>			
	<i>Video Outlines</i>			

53 Phase Five

<i>Objectives</i>	Neck Rein 101	II	7:29
<i>More Ideas for the Turnaround</i>	Angles & Attitude	II	6:45
<i>Riding when you're Uptight</i>	Lead Change Prep	II	9:48
<i>Neck Reining - Video</i>	Resistance in the Neck	II	5:34
<i>Start Moving Toward the Bridle Now</i>	Fencing 101	II	23:30
<i>Insist on the Departure</i>	Elevator Bit	II	2:49
<i>Fencing 101</i>			
<i>Stopping Position for the Rider</i>			
<i>Speed Control – Transitions</i>			
<i>Speeding Up</i>			
<i>Slowing Down</i>			
<i>Riding the Circle</i>			
<i>Elevator Bit</i>			
<i>Think It Through</i>			
<i>Video Outlines</i>			

65 Phase Six

<i>Objectives</i>	Lead Changes	III	6:10
<i>Things to Think About When You're Warming Up</i>	Random Stops	III	5:05
<i>Lead Changes</i>	Troubleshooting Spins	III	7:11
<i>Setting a Horse Up for a Change</i>			
<i>Now Here's the Sequence:</i>			
<i>What Can Go Wrong</i>			
<i>Be Patient</i>			
<i>Other Strategies</i>			
<i>Final Goal</i>			
<i>Draw Reins</i>			
<i>Loading and Unloading</i>			
<i>Making the Cluck Mean Something</i>			
<i>Speed Transition Exercise</i>			
<i>Random Stop</i>			
<i>Video Outlines</i>			

77 Phase Seven

<i>Objectives</i>	Chasing into the Turn	III	13:52
<i>Things to Think About when you're Warming Up</i>	Rollbacks	III	5:42
<i>Rollbacks without the Fence</i>	Lead Change Warm Up	III	4:19
<i>Riding the Rollback</i>	Loading & Unloading	III	9:22
<i>Turnarounds - Chasing in at the Gallop</i>			
<i>Don't Start Rushing Now</i>			
<i>Random Stops at Speed</i>			
<i>Pull vs. Jerk</i>			
<i>Praise for Low-Geared Horses</i>			
<i>Mix It Up</i>			
<i>Video Outlines</i>			

87 Phase Eight

<i>Objectives</i>	Adding Energy to Turns	III	4:41
<i>Fixing Problems in Maneuvers</i>	Rundowns & Fencing	III	13:54
<i>Heads can be too Low</i>	More on Lead Changes	III	23:21
<i>Speed Check</i>			
<i>Building Your Stops</i>			
<i>Fencing 201</i>			
<i>Perfect Rundowns</i>			
<i>Planning your Speed</i>			
<i>Problems in the Rundown</i>			
<i>Other Thoughts</i>			
<i>Troubleshooting</i>			
<i>What to Work On</i>			
<i>Video Outlines</i>			

95 Phase Nine

<i>Objectives</i>	Schooling in Circles	IV	6:19
<i>Speed Transitions – The Next Level</i>	Initiating Turnarounds	IV	4:48
<i>Setting the Speedometer</i>	Troubleshooting Stops	IV	2:58
<i>Adding the Turn to the Fast to Slow Transition</i>			
<i>Pads</i>			
<i>Spins from a Flat-Footed Start</i>			
<i>When to Use the Neck Rein</i>			
<i>Stopping in the Zones</i>			
<i>Picking Your Speed</i>			
<i>Controlling Your Speed</i>			
<i>Stay Straight in the Rundowns</i>			
<i>How Hard do You Push When You're Schooling? How Often at Top Speed?</i>			
<i>Video Outlines</i>			

103 Phase Ten

<i>Objectives</i>	Advanced Warm Up	IV	4:51
<i>Maintaining Your Stop</i>	Show Level Stops	IV	17:55
<i>Turnarounds - Why it's Critical That They Look First</i>	Show Level Prep	IV	8:45
<i>Rollback Cue</i>			
<i>Video Outlines</i>			
<i>The Biggest Secret</i>			

109 Moving to the Bridle

<i>Bridling - Reiners vs. Cow Horses</i>	Spins in the Bridle	IV	5:30
<i>Moving into the Bridle</i>	Neck Rein in the Bridle	IV	9:10
<i>The Different Styles of Bridling</i>	A Bit about Bits	IV	24:30:00
<i>The Traditional California Style</i>			
<i>Contemporary Cowhorse</i>			
<i>Reiner Style</i>			

129 Heading for the Show Pen

<i>Gearing Up for a Show</i>	Bonus Clip	IV	5:44
<i>Once You Get There</i>	5 Easy Pieces Demo		
<i>Schooling Runs</i>			